

## Sample Elementary Alternative Learning Blocks

In an effort to keep routine and structure for your child(ren) at home throughout the closure of schools, below is a suggested schedule for an alternative learning day that fulfills approximately 4 hours of instructional time. It is understood that each family's situation will be unique, and this may not be a feasible schedule for all. However, it is strongly recommended that uninterrupted learning time be provided for each subject even if it occurs at different times throughout the day.

This schedule can be adapted for children based on their age and developmental readiness

Early Morning Routine	This time-period may include the following: Wake-Up, Free Play*, Daily Hygiene, Dress, and Breakfast.
30-40 min Math	Visit your Google Classroom and check for daily assignments, when complete and submitted, use digital resources to extend your learning and practice.
15 min Movement Breaks	Use sites such as: <a href="#">Debbie Doo TV- Primary grade students</a> , <a href="#">Cosmic Kids Yoga</a> , <a href="#">The Learning Station</a> , <a href="#">Dance Sweat Live!</a> , <a href="#">Go Noodle</a> .
20-30 min. Phonics/Word Study/Vocabulary	Visit your Google Classroom and check for daily assignment, once you have completed the task please follow the directions for submitting. Vocabulary will be embedded throughout learning activities, it may pertain to any subject area. A description will be included in the daily assignment.
30-40 min Reading	Visit your Google Classroom and check for daily assignments, when complete and submitted, use digital resources to extend your learning and practice; Uninterrupted independent reading.
30 min. Brain Breaks/Movement	Do a puzzle, color a picture, play a card game, play a board game, do a craft project, etc.
60 min. Lunch/Recess/Free Play	Free Time- Lunch/Recess; Make lunch with your family, Outdoor play if weather permits
30-40 min. Writing	Visit your Google Classroom and check for daily assignments, when complete and submitted, use digital resources to extend your learning and practice.
30 min. Science/Social Studies	Visit your Google Classroom and check for daily assignment, when complete and submitted, use digital resources to extend your learning and practice
30-40 min Special Area Time	Check your Google Classroom page for the days that your specific special will meet; Visit your special area teachers Google Classroom page.
Throughout the day	Check in with teachers, finish any unfinished work for the day, free play, etc.